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# Structural Insight into the Ion-Exchange Mechanism of the Sodium/Calcium Exchanger

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Sodium/calcium ( $\text{Na}^+/\text{Ca}^{2+}$ ) exchangers (NCX) are membrane transporters that play an essential role in maintaining the homeostasis of cytosolic  $\text{Ca}^{2+}$  for cell signaling. We demonstrated the  $\text{Na}^+/\text{Ca}^{2+}$ -exchange function of an NCX from *Methanococcus jannaschii* (NCX\_Mj) and report its 1.9 angstrom crystal structure in an outward-facing conformation. Containing 10 transmembrane helices, the two halves of NCX\_Mj share a similar structure with opposite orientation. Four ion-binding sites cluster at the center of the protein: one specific for  $\text{Ca}^{2+}$  and three that likely bind  $\text{Na}^+$ . Two passageways allow for  $\text{Na}^+$  and  $\text{Ca}^{2+}$  access to the central ion-binding sites from the extracellular side. Based on the symmetry of NCX\_Mj and its ability to catalyze bidirectional ion-exchange reactions, we propose a structure model for the inward-facing NCX\_Mj.

Calcium signaling is essential for many physiological processes, including muscle contraction, cell mobility, fertilization, exocytosis, and apoptosis (1, 2). One of the major players in regulating intracellular  $\text{Ca}^{2+}$  in eukaryotes is the  $\text{Na}^+/\text{Ca}^{2+}$  exchanger (NCX) (3–5), a  $\text{Ca}^{2+}$  transporter that can extrude intracellular  $\text{Ca}^{2+}$  across the cell membrane against its chemical gradient by using the downhill gradient of  $\text{Na}^+$ . For example, in cardiac myocytes, elevated cytosolic free  $\text{Ca}^{2+}$  required for muscle contraction must be removed rapidly to ensure relaxation. This clearance is carried out by the cardiac exchanger NCX1 (6), which extrudes  $\text{Ca}^{2+}$  into the extracellular space, and  $\text{Ca}^{2+}$  pumps, which restore  $\text{Ca}^{2+}$  into the sarcoplasmic reticulum. Several functional features of NCX define its physiological roles: It can exchange  $\text{Ca}^{2+}$  and  $\text{Na}^+$  with a high turnover rate (7, 8); the ion-exchange process is electrogenic, with a stoichiometry of three  $\text{Na}^+$  for one  $\text{Ca}^{2+}$  (8–13); and the exchange reaction is bidirectional, depending on the membrane potential and the chemical gradient of  $\text{Na}^+$  and  $\text{Ca}^{2+}$  (3). Because of its abundance in various tissues and its essential roles in  $\text{Ca}^{2+}$  homeostasis, dysfunctions of the  $\text{Na}^+/\text{Ca}^{2+}$  exchanger are associated with many human pathologies, including cardiac hypertrophy, arrhythmia, and postischemic brain damage (3, 14, 15).

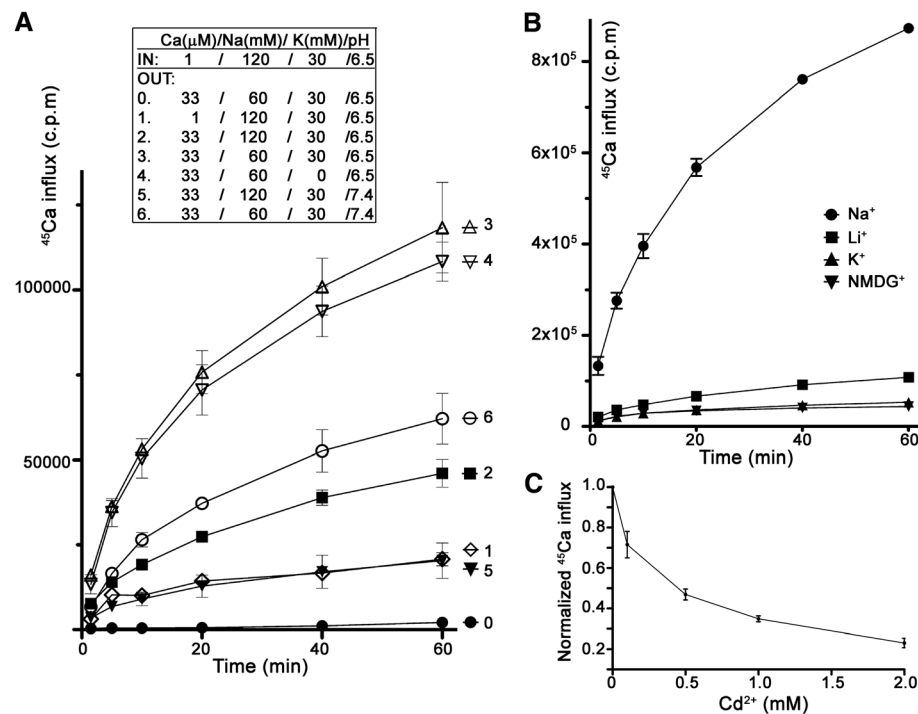
Predicted to possess nine membrane-spanning helices, the transmembrane domain of the eukaryotic NCX is separated into two parts in primary sequence by a large intracellular regulatory domain (4, 5, 16, 17). Interestingly, the removal of this intracellular domain still yields a highly active  $\text{Na}^+/\text{Ca}^{2+}$  exchanger, indicating that the transmembrane portion of the NCX constitutes the basic functional unit for ion transport (18, 19). All NCX proteins contain two highly conserved homolo-

gous sequence motifs called  $\alpha$  repeats, one on each part of the transmembrane domain, that are believed to arise from a gene-duplication event (4, 20, 21). Mutagenesis studies have demonstrated that both motifs are important for ion binding and translocation (4, 22). The presence of the two homologous repeats is also the hallmark of other members of the cation- $\text{Ca}^{2+}$  exchanger superfamily, most notably the NCKX family (23), a  $\text{K}^+$ -dependent  $\text{Na}^+/\text{Ca}^{2+}$  exchanger that was first found in the vertebrate eye (24), and microbial

NCX homologs, which lack the large intracellular regulatory domain (4, 21). To reveal the structural basis of the ion-exchange mechanism in NCX, we characterized the  $\text{Na}^+/\text{Ca}^{2+}$ -exchange function of an NCX homolog from *Methanococcus jannaschii*, named NCX\_Mj, and determined its crystal structure to 1.9 Å resolution.

## NCX\_Mj functions as a $\text{Na}^+/\text{Ca}^{2+}$ exchanger.

We employed a  $^{45}\text{Ca}^{2+}$  flux assay to determine the exchange function of NCX\_Mj (25). Purified NCX\_Mj was reconstituted into liposomes loaded with a buffer solution containing 120 mM NaCl, 30 mM KCl, and 1  $\mu\text{M}$   $\text{CaCl}_2$  (buffered with EGTA) at pH 6.5.  $\text{Ca}^{2+}$  influx was initiated by exchanging the extraliposomal solution with a reaction buffer containing various concentrations of NaCl, KCl, and radioactive  $^{45}\text{CaCl}_2$  and monitored by measuring the time-dependent accumulation of liposomal radioactivity (Fig. 1A). In the absence of any ionic gradient (the reaction buffer is the same as intraliposomal solution), we observed a slow influx of  $^{45}\text{Ca}^{2+}$ , probably due to the NCX\_Mj-mediated  $\text{Ca}^{2+}/\text{Ca}^{2+}$  exchange (curve 1). Whereas an inward  $\text{Ca}^{2+}$  gradient promoted the influx of  $\text{Ca}^{2+}$  (curve 2, with 33  $\mu\text{M}$  extraliposomal  $^{45}\text{CaCl}_2$ ), the rate of  $\text{Ca}^{2+}$  influx was substantially enhanced by an outwardly directed  $\text{Na}^+$  gradient (curve 3, with 60 mM extraliposomal NaCl), consistent with the behavior of



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**Fig. 1.**  $^{45}\text{Ca}^{2+}$  flux assays of NCX\_Mj reconstituted liposomes. (A) Curves 1 to 6 show the time-dependent  $^{45}\text{Ca}^{2+}$  influx with various extraliposomal reaction solutions, as listed in the inset. Curve 0 is the control assay using liposomes deficient of protein. The intraliposomal solution remains the same in all measurements. c.p.m., counts per minute. (B) Selectivity of NCX\_Mj. The intraliposomal solution contained 120 mM of either  $\text{Na}^+$ ,  $\text{K}^+$ ,  $\text{Li}^+$ , or NMDG<sup>+</sup> as the only monovalent cation. The extraliposomal reaction solution contained 120 mM NMDG<sup>+</sup> and remained the same in all measurements. (C)  $\text{Cd}^{2+}$  blockage of NCX\_Mj. The reaction solution is the same as that used for curve 3 in (A), except containing various concentrations of  $\text{CdCl}_2$ . The  $\text{Ca}^{2+}$  influx was terminated 20 min after adding  $^{45}\text{CaCl}_2$ . All data points are mean  $\pm$  SEM of two independent experiments. Some data points shown in (B) contain error bars smaller than the representative symbols.

a  $\text{Na}^+/\text{Ca}^{2+}$  exchanger. This  $\text{Na}^+$ -facilitated  $\text{Ca}^{2+}$  influx is independent of  $\text{K}^+$ , as the removal of the extraliposomal  $\text{KCl}$  did not affect the rate of  $\text{Ca}^{2+}$  influx (curve 4). To test if  $\text{NCX\_Mj}$  could be a  $\text{H}^+/\text{Ca}^{2+}$  exchanger, we performed a similar assay in an extraliposomal reaction solution of pH 7.4 (versus pH 6.5 inside). In the absence of a  $\text{Na}^+$  gradient, the outward proton gradient actually reduces the influx of  $\text{Ca}^{2+}$  (curve 5), which can be partially alleviated by establishing an outwardly directed  $\text{Na}^+$  gradient (curve 6), suggesting that  $\text{NCX\_Mj}$  functions as a  $\text{Na}^+/\text{Ca}^{2+}$  exchanger rather than a  $\text{H}^+/\text{Ca}^{2+}$  exchanger. To confirm the  $\text{Na}^+$  selectivity for the exchange function of  $\text{NCX\_Mj}$ , we performed another set of  $^{45}\text{Ca}^{2+}$  flux assays using liposomes loaded with a buffer solution containing either  $\text{Na}^+$ ,  $\text{K}^+$ ,  $\text{Li}^+$ , or  $\text{NMDG}^+$  as the only monovalent salt. The results clearly demonstrate that intraliposomal  $\text{Na}^+$  facilitates the  $\text{Ca}^{2+}$  influx at a much higher rate than other monovalents (Fig. 1B). The commonly observed divalent cation blockage of  $\text{NCX}$  (i.e., by  $\text{Cd}^{2+}$ ) (26) was also tested on  $\text{NCX\_Mj}$  by performing the flux assay

with  $\text{CdCl}_2$  in the reaction buffer.  $\text{Cd}^{2+}$  exhibits a concentration-dependent blockage of  $\text{Ca}^{2+}$  influx with a half-inhibition concentration of  $\sim 0.4$  mM under our experimental conditions (Fig. 1C). Consistent with the flux assay, the exchanger-mediated  $\text{Ca}^{2+}$  uptake or extrusion was also observed in  $\text{NCX\_Mj}$  expressing *Escherichia coli* cells (see supporting online material text and fig. S1).

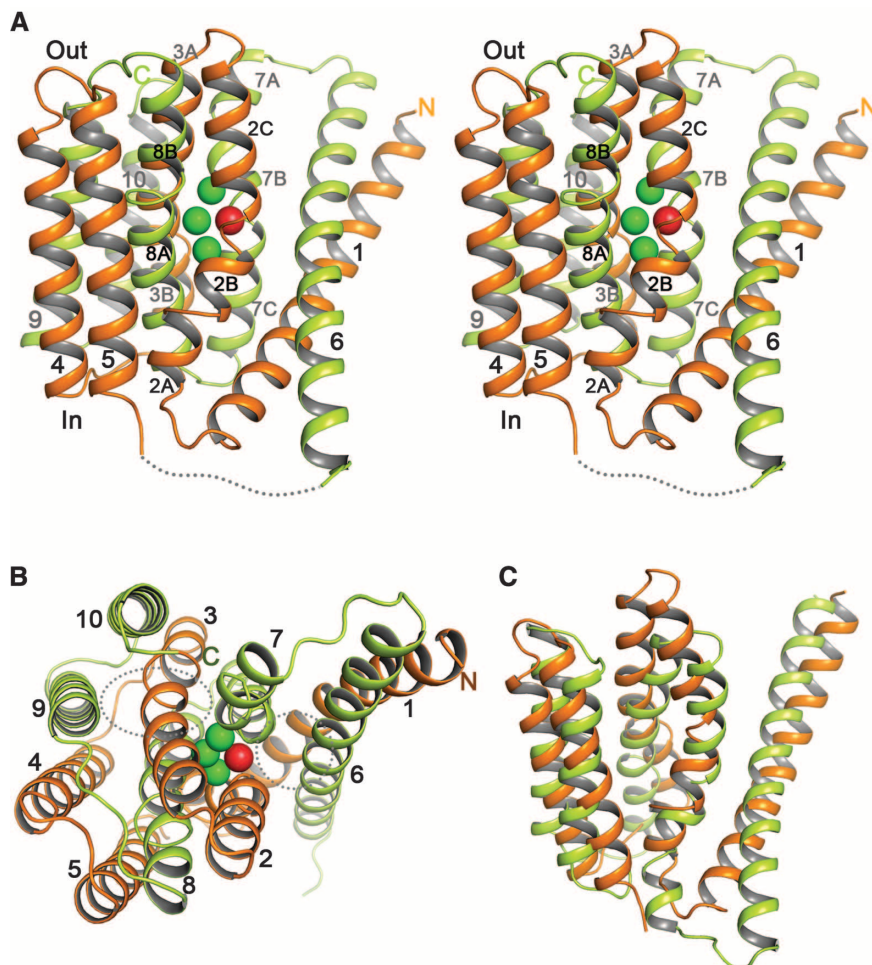
**Structural determination of  $\text{NCX\_Mj}$ .** We used two crystallization approaches to obtain the structure of  $\text{NCX\_Mj}$  (25). First, the crystals were grown in the lipidic cubic phase (LCP), following a similar protocol as previously described (27). The LCP crystallization yielded well-diffracting crystals large enough for complete data collection with a single crystal. The crystals are of the  $\text{P2}_12_12_1$  space group, with one subunit per asymmetric unit. The structure was determined by single isomorphous replacement with anomalous scattering using samarium derivatized crystals and refined to  $1.9$  Å (table S1). Second, a conventional crystallization approach using sitting drop vapor diffusion yielded  $\text{NCX\_Mj}$  crystals in detergent, and

the structure was determined at  $3.6$  Å using molecular replacement. The crystal structures obtained from both methods are virtually identical, demonstrating that  $\text{NCX\_Mj}$  maintains the same structure in both detergent and lipid environments. Though the discussion focuses primarily on the LCP crystal structure, the lower-resolution structures in detergent provide important insight into the divalent blockage site of  $\text{NCX\_Mj}$ .

**Overall structure of  $\text{NCX\_Mj}$ .**  $\text{NCX\_Mj}$  exists as a monomer in both crystal forms and contains 10 transmembrane (TM) helices, with both termini on the extracellular side (Fig. 2A and figs. S2 and S3), consistent with the predicted topology for YrbG, an  $\text{NCX}$  homolog from *E. coli* (28). Based on the similarity in sequence and hydrophobicity pattern between  $\text{NCK\_Mj}$  and its eukaryotic counterparts, the eukaryotic  $\text{NCX}$  is likely to share the same 10-TM topology rather than the previously predicted 9-TM topology (fig. S2). Eight of the 10 helices (TMs 2 to 5 and 7 to 10) form a tightly packed core perpendicularly embedded in the membrane. TMs 1 and 6, on the other hand, are exceptionally long, with  $\sim 35$  residues in each helix. They are oriented at an angle of  $\sim 45^\circ$  to the membrane surface and appear to be loosely packed against the core. The two highly conserved  $\alpha$  repeats, consisting of TMs 2 and 3 for  $\alpha 1$  and TMs 7 and 8 for  $\alpha 2$ , are bundled in the center of the protein and surrounded by the other helices (Fig. 2B and fig. S3B). All  $\alpha$ -repeat helices are bent into two (for TMs 3 and 8) or three (for TMs 2 and 7) segments (labeled alphabetically in Fig. 2A and fig. S2), creating a pocket in the middle of the bundle where  $\text{Na}^+$  and  $\text{Ca}^{2+}$  bind. Beyond sequence homology, the N-terminal half of the protein shares a similar structure to the C-terminal half but with opposite topology, as though the two halves are related by a molecular dyad (Fig. 2C and fig. S3). Although structural repeats of 5-TM helices have been observed in other membrane transporters (29, 30), the  $\text{NCX\_Mj}$  structure represents a new fold, as a search of the structure database using DALI (31) yields no similar structures. The linker between the two halves in  $\text{NCX\_Mj}$  is a short and disordered loop from residues 149 to 155. The equivalent linker in eukaryotic  $\text{NCX}$  is expected to be the large intracellular regulatory domain.

**$\text{Na}^+$  and  $\text{Ca}^{2+}$  binding sites.** The high-resolution structure reveals four potential cation binding sites in the protein core, at the center of the membrane (Fig. 2A). The four sites are arranged in a diamond shape, with the sites nearest to the extracellular and intracellular face labeled  $\text{S}_{\text{ext}}$  and  $\text{S}_{\text{int}}$ , respectively, and the two middle sites designated as  $\text{S}_{\text{mid}}$  and  $\text{S}_{\text{Ca}}$ , as the latter is the  $\text{Ca}^{2+}$ -specific site (Fig. 3, A and B). All residues participating in ion binding are from the two  $\alpha$  repeats and are highly conserved in both the  $\text{NCX}$  and  $\text{NCKX}$  families of proteins (fig. S2), and mutating these residues in eukaryotic  $\text{NCX}$  leads to the loss of ion-exchange functions (22).

Both  $\text{S}_{\text{ext}}$  and  $\text{S}_{\text{int}}$  are surrounded by five oxygen ligands and share identical ligand chemistry

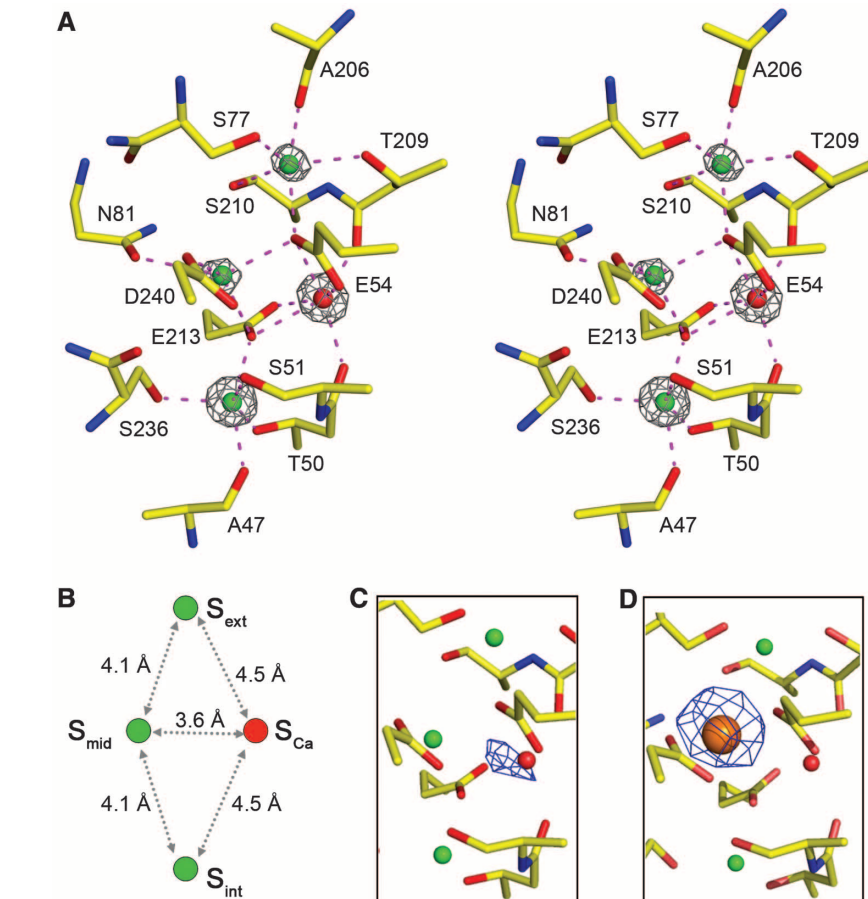


**Fig. 2.** Overall structure of  $\text{NCX\_Mj}$ . (A) Stereo view of  $\text{NCX\_Mj}$  viewed from the membrane. The N- and C-terminal halves are shown as orange and green ribbons, respectively. The four ion-binding sites are shown as green spheres for  $\text{Na}^+$  and red spheres for  $\text{Ca}^{2+}$ . The dotted line represents the disordered loop between TMs 5 and 6. (B) View of  $\text{NCX\_Mj}$  from the extracellular side. The dotted circle and oval indicate the entryways of external passages for  $\text{Ca}^{2+}$  and  $\text{Na}^+$ , respectively. (C) Superimposition between the N-terminal half (orange) of  $\text{NCX\_Mj}$  and its inverted C-terminal half (green). All structure figures were generated in PyMOL (40).

as well as geometry, with ion-ligand distances all within the range of 2.3 to 2.5 Å (Fig. 3A and fig. S4). The coordination number, ligand chemistry, and ion-ligand distances of both sites are consistent with Na<sup>+</sup> binding (32). Although Ca<sup>2+</sup> has the same size and ion-ligand distances as Na<sup>+</sup>, it tends to have more than five ligands for optimal coordination (33, 34). The S<sub>Ca</sub> site is surrounded by six oxygen ligands within the distances of 2.3 to 2.6 Å: two from the backbone carbonyls of Thr<sup>50</sup> and Thr<sup>209</sup> and four from the carboxylates of Glu<sup>54</sup> and Glu<sup>213</sup>; all are contributed by the signature sequence of GTSLPE (35) within the two α repeats. The coordination number, ion-ligand distances, and bidentate ion chelation of the two acidic side-chain carboxylates at the S<sub>Ca</sub> site are characteristic of Ca<sup>2+</sup> binding (33, 34). To confirm that the density at S<sub>Ca</sub> is from Ca<sup>2+</sup>, we also collected diffraction data at a wavelength of 2.0 Å to optimize Ca<sup>2+</sup> anomalous scattering. Anomalous signal is observed at the S<sub>Ca</sub> site in the anomalous-difference map (Fig. 3C), confirming the specificity of Ca<sup>2+</sup> binding at this site. Surrounded by the side chains of Glu<sup>54</sup>, Asn<sup>81</sup>, Glu<sup>213</sup>, and Asp<sup>240</sup>, the S<sub>mid</sub> site has only four oxygen ligands within a 3 Å distance and does not appear to be optimal for either Na<sup>+</sup> or Ca<sup>2+</sup> binding. As tetradentate ion binding is common for Na<sup>+</sup> but rare for Ca<sup>2+</sup>, we suggest that this suboptimal site allows Na<sup>+</sup> binding at high concentration, which, along with S<sub>ext</sub> and S<sub>int</sub>, accommodates three Na<sup>+</sup> ions during the ion-exchange reaction. As further evidence of non-specificity at S<sub>mid</sub>, we identified it as the divalent blockage site from the structure of NCX\_Mj obtained by the conventional crystallization approach. In these crystals, CdCl<sub>2</sub> or MnCl<sub>2</sub> were essential additives for crystallization, and their binding at S<sub>mid</sub> was determined from the anomalous-difference Fourier map (Fig. 3D). Without directly competing for the S<sub>Ca</sub> site, the divalent blockers occupy the neighboring, less selective S<sub>mid</sub> site, which in turn weakens or abolishes Ca<sup>2+</sup> binding at S<sub>Ca</sub> and may also block Na<sup>+</sup> translocation.

Several features of this cluster of four ion-binding sites are noteworthy and clearly related to the Na<sup>+</sup>/Ca<sup>2+</sup>-exchange function of the NCX family. First, the four sites are related by a two-fold rotational axis connecting S<sub>mid</sub> and S<sub>Ca</sub>, which coincides with the pseudomolecular dyad of the protein. Second, several ligands are shared by multiple sites, most notably the side-chain carboxylates from Glu<sup>54</sup> and Glu<sup>213</sup>, which are shared by S<sub>mid</sub>, S<sub>Ca</sub>, and S<sub>ext</sub> (for E54) or S<sub>int</sub> (for E213) (Fig. 3A and fig. S4). Third, all four sites are in close proximity, with the shortest distance of ~3.6 Å between the two middle sites (S<sub>mid</sub> and S<sub>Ca</sub>) (Fig. 3B). Furthermore, the proximity and presence of only three negatively charged ligands indicate that all four sites are unlikely to be occupied simultaneously. Indeed, the Fo-Fc ion-omit map clearly shows different intensity of the electron density at each site, indicating different ion occupancy (Fig. 3A).

**Ion-permeation pathways and inward-outward conformational change.** The NCX\_Mj structure likely represents an outward-facing conforma-



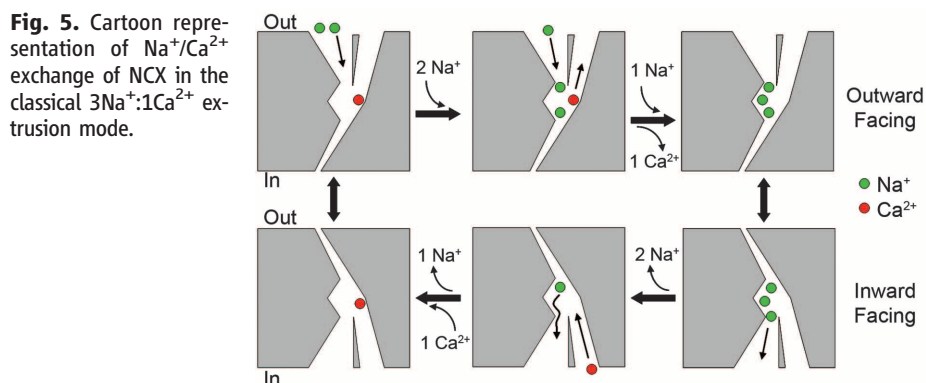
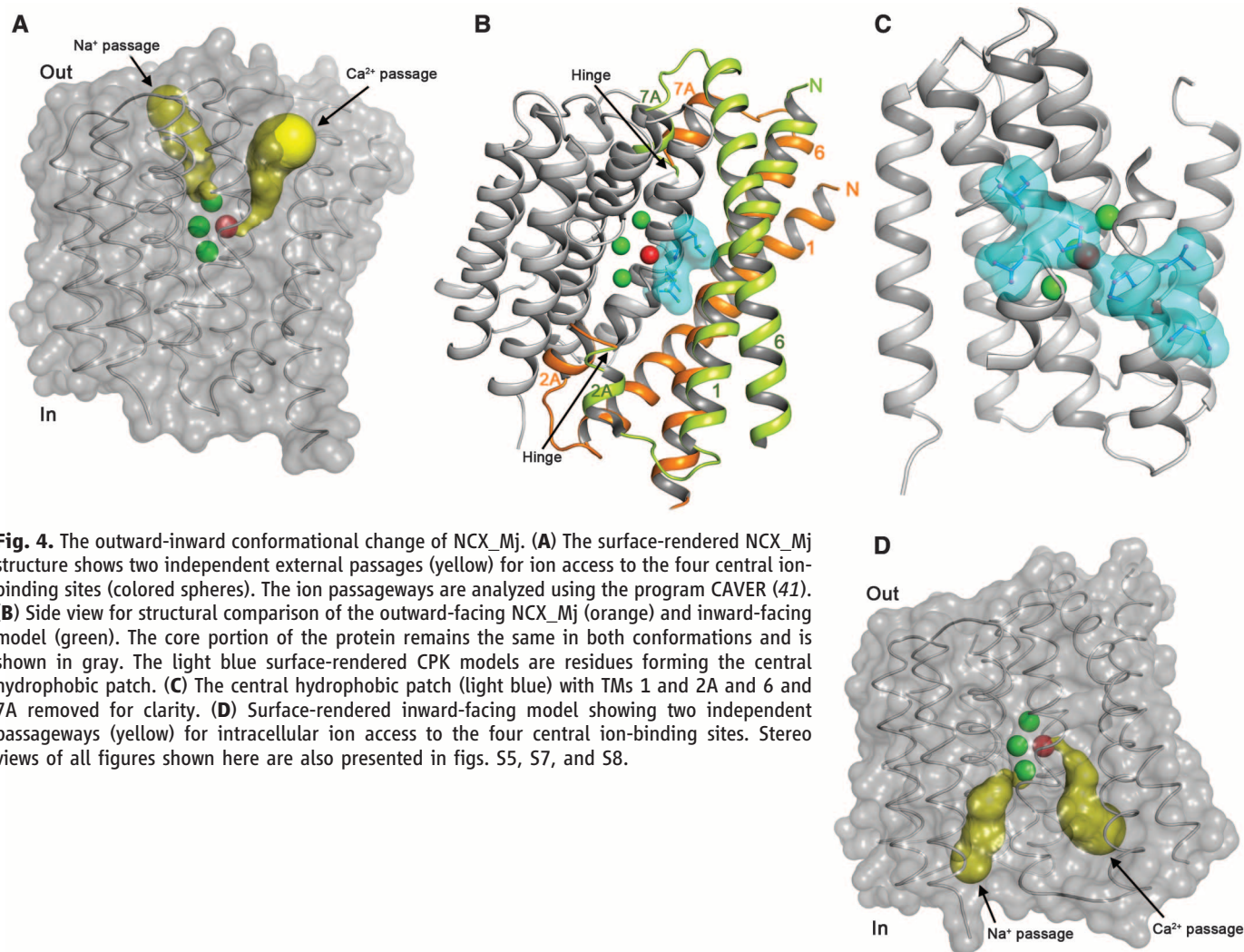
**Fig. 3.** Ion-binding sites of NCX\_Mj. (A) Stereo view of the ion-binding sites. Green and red spheres represent Na<sup>+</sup> and Ca<sup>2+</sup>, respectively. Gray mesh depicts electron density calculated from the F<sub>o</sub>-F<sub>c</sub> ion-omit map and contoured at 9σ. (B) Distances between adjacent ion-binding sites. (C) Density (blue mesh, contoured at 3.5σ) from the anomalous-difference Fourier map calculated using diffraction data of a LCP crystal at 2 Å wavelength indicates Ca<sup>2+</sup> binding at the S<sub>Ca</sub> site. (D) Density (blue mesh, contoured at 8σ) of bound Cd<sup>2+</sup> (orange sphere) at the S<sub>mid</sub> site from the anomalous-difference Fourier map. Diffraction data were collected at 2.0 Å from crystals grown in the presence of 10 mM CdCl<sub>2</sub> using the conventional crystallization method. Data from Mn<sup>2+</sup>-containing crystals gave the same result.

tion, as two deep cavities are observed on the extracellular surface of the protein, penetrating into the protein core where Na<sup>+</sup> and Ca<sup>2+</sup> bind and providing two independent solvent-accessible passageways for external ion access (Figs. 2B and 4A and fig. S5). One passage, surrounded by the external halves of TMs 3 (3A segment), 7 (7A and 7B segments), 9, and 10, connects the extracellular solvent to the Na<sup>+</sup>-specific S<sub>ext</sub> site. The other passage is partially surrounded by the external halves of TMs 2 (2C segment), 6, and 7 (7A and 7B segments), with an open gap between TMs 2 and 6, which is probably sealed off by the extracellular leaflet of membrane lipids, as acyl chains from monoolein were observed in the structure. This passageway allows Ca<sup>2+</sup> access from the extracellular solvent to the Ca<sup>2+</sup>-specific S<sub>Ca</sub> site.

Whereas the NCX\_Mj structure adopts an outward-facing conformation, several structural and functional features allow us to generate a feasible structure model for the inward-facing conformation. The symmetry of NCX\_Mj and its ion-binding

sites, as well as the bidirectional ion exchange, would suggest that the inward-facing model should maintain similar symmetry and ion accessibility but with ion-permeation pathways directed toward the intracellular side, analogous to an inverted structure of NCX\_Mj. In addition, rapid bidirectional ion exchange requires a rapid conformational change between the inward- and outward-facing states, implying equivalent stability with a low-energy barrier to the transition, thus precluding a dramatic structural change between the two conformations. A superimposition of NCX\_Mj and its inverted structure shows a near-perfect structural alignment over the α-repeat helix bundle but different positions for the peripheral helices of TMs 1 and 2A, as well as TMs 6 and 7A (fig. S6). The inward-facing model was generated by simply swapping these two helical regions as depicted (fig. S6). Similar approaches have been used to generate putative models in other secondary solute transporters with inverted structural repeats (36, 37).

Compared to the outward-facing NCX\_Mj, the inward-facing model maintains the same tightly



packed core and ion-binding sites but has different packing between the peripheral helices (TMs 1, 2A, 6, and 7A) and the core (Fig. 4B and fig. S7). Without obvious steric clash, the inward-facing model retains similar hydrophobic-packing interactions between these helices and the core. The movement of TMs 1, 2A, 6, and 7A is hinged at the bends between TMs 2A and 2B and TMs 7A and 7B, and it may involve sliding across a central flat hydrophobic patch that is centered about the

conserved Pro residues from the signature sequence motifs of the  $\alpha$  repeats (Fig. 4C and fig. S8). Consequently, this proposed conformational change leads to the closure of the two outward-facing ion passageways and the formation of two inward-facing ones connecting the  $S_{\text{int}}$  and  $S_{\text{Ca}}$  sites, respectively, to the intracellular side (Fig. 4D and fig. S5B). With a simple sliding motion primarily involving two loosely packed helices, the outward and inward conformations can rap-

idly interchange, coupling to the alternative access of the four ion-binding sites from each side, consistent with the mechanism of rapid consecutive ion-exchange reaction in NCX (3, 8, 38, 39).

**$\text{Na}^+/\text{Ca}^{2+}$ -exchange mechanisms.** The arrangement of four central ion-binding sites with differing specificity and their alternating accessibility from each side upon conformational change reveal the structural mechanism of  $\text{Na}^+/\text{Ca}^{2+}$  exchange in NCX. Among the four sites, only  $S_{\text{Ca}}$  is specific for  $\text{Ca}^{2+}$  binding, whereas the other three are designed for  $\text{Na}^+$  binding under physiological conditions, and their occupancy depends on the  $\text{Na}^+$  concentration. Whereas  $S_{\text{Ca}}$  is alternatively accessible from each side, the three  $\text{Na}^+$  sites are aligned in a winding single file with only one end being accessible in a given conformation:  $S_{\text{ext}}$  when facing outward and  $S_{\text{int}}$  when facing inward. Positioning these two identical,  $\text{Na}^+$ -specific sites on both ends ensures the selective and bidirectional  $\text{Na}^+/\text{Ca}^{2+}$ -exchange function in NCX.

The cluster of four sites in close proximity and ligand-sharing features in NCX\_Mj lead us to propose a progressive antagonist effect of multiple  $\text{Na}^+$  binding on  $\text{Ca}^{2+}$  affinity as depicted in the

cartoon representation of a simplified  $\text{Na}^+/\text{Ca}^{2+}$ -exchange reaction in the classic  $\text{Ca}^{2+}$  extrusion mode (Fig. 5). Starting with the  $\text{Ca}^{2+}$  bound, outward-facing conformation, the exchange reaction is initiated by the entry of  $\text{Na}^+$  from the extracellular side, probably occupying the  $\text{Na}^+$ -optimized  $S_{\text{int}}$  and  $S_{\text{ext}}$  sites first. As each site competes for a negatively charged ligand with  $S_{\text{Ca}}$ , the binding of these two  $\text{Na}^+$  ions decreases the  $\text{Ca}^{2+}$  affinity at  $S_{\text{Ca}}$  but may be insufficient for  $\text{Ca}^{2+}$  release due to the presence of high extracellular  $\text{Ca}^{2+}$  under physiological conditions. With a high external  $\text{Na}^+$  concentration ( $[\text{Na}^+]_o$ ), the entry of a third  $\text{Na}^+$  ion increases  $\text{Na}^+$  occupancy at  $S_{\text{mid}}$ , which further reduces the  $\text{Ca}^{2+}$  affinity and results in  $\text{Ca}^{2+}$  release to the extracellular side. Upon conformational change to an inward-facing state, the three bound  $\text{Na}^+$  ions are exposed to the low intracellular  $[\text{Na}^+]_i$  environment. As a weak binding site, the  $S_{\text{mid}}$   $\text{Na}^+$  is likely released first, possibly along with the  $S_{\text{int}}$   $\text{Na}^+$ . The release of the bound  $\text{Na}^+$  restores the high-affinity  $\text{Ca}^{2+}$  binding at  $S_{\text{Ca}}$ , which in turn leads to the release of the third  $\text{Na}^+$  from  $S_{\text{ext}}$ . The conformational change reverting  $\text{NCX\_Mj}$  to the  $\text{Ca}^{2+}$ -bound outward-facing state completes the cycle. This sequential binding of three  $\text{Na}^+$  ions for the release of one  $\text{Ca}^{2+}$  explains the 3:1 stoichiometry of the  $\text{Na}^+/\text{Ca}^{2+}$ -exchange reaction and the cooperativity of  $\text{Na}^+$  binding in activating  $\text{Ca}^{2+}$  release. This simplified exchange mechanism does not preclude other exchange ratios (13). For example, at high extracellular  $[\text{Na}^+]_o$ , the vacant  $S_{\text{Ca}}$  site upon  $\text{Ca}^{2+}$  release could also be occupied by a  $\text{Na}^+$ , resulting in a translocation of four  $\text{Na}^+$  ions to the intracellular side. Likewise, depending on the  $\text{Na}^+$  and  $\text{Ca}^{2+}$  concentrations, the bound  $\text{Na}^+$  may not be completely unloaded upon  $\text{Ca}^{2+}$  binding from the intracellular side. The coexistence of these possibilities in the same transporter leads to a more

complex process of  $\text{Na}^+/\text{Ca}^{2+}$  exchange and may explain the variability of the exchange ratios observed under different experimental conditions.

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#### Supporting Online Material

www.sciencemag.org/cgi/content/full/335/6069/686/DC1  
Materials and Methods  
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## REPORTS

# One-Step Fabrication of Supramolecular Microcapsules from Microfluidic Droplets

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Although many techniques exist for preparing microcapsules, it is still challenging to fabricate them in an efficient and scalable process without compromising functionality and encapsulation efficiency. We demonstrated a simple one-step approach that exploits a versatile host-guest system and uses microfluidic droplets to generate porous microcapsules with easily customizable functionality. The capsules comprise a polymer-gold nanoparticle composite held together by cucurbit[8]uril ternary complexes. The dynamic yet highly stable micrometer-sized structures can be loaded in one step during capsule formation and are amenable to on-demand encapsulant release. The internal chemical environment can be probed with surface enhanced Raman spectroscopy.

The encapsulation of materials for protection and phase separation has evolved into a major interdisciplinary research focus

(1, 2). Synthetic microcapsules (3, 4), in which the composition of the shell structure and the core content can be controlled, have found im-

portance in applications as diverse as cell encapsulation (5, 6), drug delivery (7), diagnostics (8), catalysis (9), food additives (10), and electronic displays (11). Preparation of conventional polymeric microcapsules via the layer-by-layer (L-b-L) technique (12, 13), although powerful, suffers from reduced encapsulation efficiencies as a result of postfabrication loading. Alternative self-assembly processes, either by forming polymerosomes (14) or by colloidal emulsion-templating (15, 16), still lack monodispersity, stability, high loading efficiency, and material diversity in the resulting microcapsules, restricting their function

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